

We invite you to join Diabetes New Zealand

About Diabetes New Zealand

Diabetes New Zealand represents people with diabetes and provides a national support network.

Diabetes is rapidly becoming one of the country's fastest growing health issues. The good news is diabetes can be controlled and with the right support, people with diabetes can continue to live active and healthy lives. This is where Diabetes New Zealand comes in.

Diabetes New Zealand:

- Provides local support.
- Acts as an advocate for people with diabetes.
- Raises awareness about diabetes and how we can prevent Type 2 diabetes.
- Educates and informs people about diabetes, its treatment, management and control.
- Supports diabetes research.

Join Diabetes New Zealand

By joining Diabetes New Zealand you'll have the support to take charge of your own health and improve your wellbeing. Your membership of Diabetes New Zealand will also make a real difference for others affected by diabetes.

Individual full membership

As a member you will receive home delivery of the *Diabetes* magazine, packed with the latest news and research, personal stories, healthy recipes, and tips on lifestyle and wellbeing. You will also have voting rights, giving you a say in the direction of the organisation.

By joining Diabetes New Zealand you are also able to access services from your local Branch and others in your community who understand diabetes. The types of activities offered may include:

- Regular newsletters.
- Support groups.
- Local branch meetings.
- Information sessions and social gatherings.
- Supermarket tours which help you learn skills for reading food labels and making healthy food choices.

As an individual member your spouse or partner and your children up to the age of 18 are included in the membership. If the member joining is a child then that child's parents/guardians are included in the membership.

The individual annual membership fee:

Full Membership – Waged	\$35.00
Full Membership – Unwaged *	\$27.50
* if your household income does not include a wage or you are on a benefit or retired	

To join or find out more information about Diabetes New Zealand:

- Please phone us FREE on 0800 369 636
- Email admin@diabetes.org.nz
- Visit www.diabetes.org.nz



diabetes
new zealand

If you wish to be a member of Diabetes New Zealand simply fill in the form below and forward to Diabetes New Zealand. By joining Diabetes New Zealand you are also able to access services from your nearest Branch.

Please tick if you would like to be affiliated with a Branch.

- Nearest Branch
 Other Branch – Please specify _____

If you do not wish to be a member of Diabetes New Zealand, but wish to receive the *Diabetes* magazine, simply fill in this form and you will receive home delivery of the *Diabetes* magazine.

Title Mr Mrs Miss Ms Other **Gender** Male Female

First Names _____ **Phone Day** (0) _____

Last Name _____ **Evening** (0) _____

Address _____ **Mobile** (0) _____

_____ **Date of Birth** _____

_____ **Ethnicity** _____

Email _____

Occupation _____

If you or a member of your family has diabetes we invite you to share your details with us. This will allow us to be able to provide you with more relevant information.

Diabetes You Child Partner Other _____ No Diabetes

Diabetes Type Type 1 Type 2 Gestational diabetes

Please join me as a full member of Diabetes New Zealand. My cheque for _____ is enclosed; **or** charge my Visa/MasterCard:

OR

Please subscribe me to the Diabetes magazine for an annual subscription of \$18.00 (4 issues). My cheque for _____ is enclosed; **or** charge my Visa/MasterCard:

I would like to include a donation of \$ _____

Name on Card _____ Expiry date _____

Card No

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 Signature _____

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